



## BASEBALL REQUIRED EQUIPMENT LIST

### Mandatory Equipment

- **Athletic Supporter and Protective Cup** (Boys) for all practices and games
- **Cleats.** The fields have a high content of clay and therefore cleats are required for safety. Used cleats at this age can generally be found in like new condition at 2<sup>nd</sup> hand sports stores (e.g., Play It Again Sports). No metal cleats.
- **Water Bottle.** It's important that our players stay hydrated. Parents should send their players to practices and games with a full water bottle. Gatorade is fine, but should be used in conjunction with water, not as a replacement for water.
- **Glove.** Players should have their own baseball glove. 4-5 year olds typically require a 9 to 9.5 inch glove. 6 year olds typically require a 10 to 10.5 inch glove. 7-8 year olds typically require 10.5 to 11 inch gloves. Obviously every player is different and parents should fit gloves before purchasing and it's recommended you consult store staff for proper fit before purchase. Gloves with vinyl or plastic construction are not recommended.

### Optional Equipment

- **Batting Helmet.** Each team is provided with a number of helmets for players to use but if you prefer your player having his own you will need to provide the helmet.
- **Bat.** Each team is provided with a number of bats but players are more than welcome to use their own bats. The bat must be a baseball bat which meets Little League specifications and standards as noted in [Rule 1.10 - Baseball](http://www.littleleague.org/learn/equipment/baseballbatinfo/batrules.htm) (<http://www.littleleague.org/learn/equipment/baseballbatinfo/batrules.htm>).
- **Batting Gloves.** Strictly player preference but it's good to get players used to typically used equipment at an early age.
- **Mouth/Teeth Guard.** While hard to convince players at this age to use, an added precaution if they will tolerate wearing one.
- **Bat/Equipment Bag.** A bat bag is a good way to keep players organized and prevent loss of personally owned items.

### Important Do's and Don'ts

- Be sure to mark all equipment with player's name. Sharpies are the best solution and can be found in alternative colors such as silver or gold to mark dark colored equipment.
- Helmets with decals, custom painting etc. are NOT allowed in Little League. Please refrain from customizing helmets in this manner.